

Duration	A Day
Course Programme	The day will include a 15 minute break in the morning and afternoon and a 60 minute lunch break.
Delegates	This course is for new entrant/operatives who are looking to start a career within the scaffolding industry. All existing CISRS Scaffolding Labourer cardholders also need to complete the course once their current card expires, before being issued a new card, as part of CISRS scheme requirements.
Objectives	<ul style="list-style-type: none"> ▪ This course is designed to provide all new entrants and labourers with an appreciation of general site safety, and how to work safely with scaffolding and access equipment and safe method of manual handling. ▪ It will provide a comprehensive overview of current construction, scaffolding related health and safety requirements and safe working practices. ▪ It will also ensure that existing operatives are up to date, as those with a Scaffolding Labourer card will need to repeat the course every five years and those with a Scaffolding Trainee card will need to repeat after 18 months (only one extension allowed) before renewing their card. ▪ To provide an overview of relevant health and safety regulations.
By the end of the course	Delegates should be able to correctly and safely: <ul style="list-style-type: none"> ▪ Determine the material requirements for independent and putlog with returns, tower and birdcage scaffolds in tube and fitting where applicable. ▪ Determine the material requirements for mobile aluminium towers where applicable. ▪ They will be able to lay out materials, set out the scaffolds and overcome obstacles to erect scaffolds safely ▪ Scaffolds will be constructed to manufacturer's guidance and relevant statutory regulations following the safe systems of work set out in the safety guidance note (SG4)
Content	The course will give delegates an understanding of: <ul style="list-style-type: none"> ▪ Relevant Regulations & Codes of Practice ▪ General Responsibilities ▪ Basic Scaffold Terminology ▪ Servicing of Equipment & Stock Control ▪ Work at Height ▪ Manual Handling (including practical element) ▪ Site Transport Safety (Loading & Unloading) ▪ Health, Welfare, Hygiene and Housekeeping ▪ Electrical Safety ▪ Fire Prevention and Control ▪ Noise and Vibration ▪ Accident Prevention and Reporting ▪ Personal Protective Equipment ▪ Lifting Equipment using Rope & Wheel (including practical element) ▪ Questions and Test Paper
Assessment	All delegates will have to successfully pass the following: <ul style="list-style-type: none"> ▪ End of Course Test Paper NB. This is a pass/ fail assessment
Certification	CISRS Certificate of training upon completion of course and successful completion of test.
Notes	Successful attendees who have passed a CSCS Health, Safety and Environment test within the last 2 years will be able to apply for their CISRS Scaffolding Labourer or CISRS Trainee Scaffolder card to be updated to reflect this training element. This will be carried out as part of the course administration and will incur an additional charge of £26.50 per application to cover the standard CITB card application cost.
PPE and Workwear	Delegates attending any of our practical courses are required to bring the following with them:

	<ul style="list-style-type: none"> ▪ Laced up safety footwear with protective toe and midsole (toe cap should not be showing). A helmet, hi-viz vest and gloves will be provided. ▪ And any appropriate special/ normal work clothing which may be applicable to the course (overalls, coats, etc.) Please note that: <ul style="list-style-type: none"> ▪ No soiled work wear is allowed in the canteen facilities ▪ No vests or shorts are permitted on site and your body is to be kept covered at all times
Tools & Equipment	Delegates attending any of our practical courses are required to provide their own tools and equipment.
Please bring with you to the course	<ul style="list-style-type: none"> ▪ Your National Insurance Number ▪ 2 passport size photographs ▪ Photo Identification as per attached document 'Identification Requirements'
Ratio of Trainers/ Trainees	1:12 maximum
Price	£95.00 + VAT per person (additional £26.50 for CISRS card application)